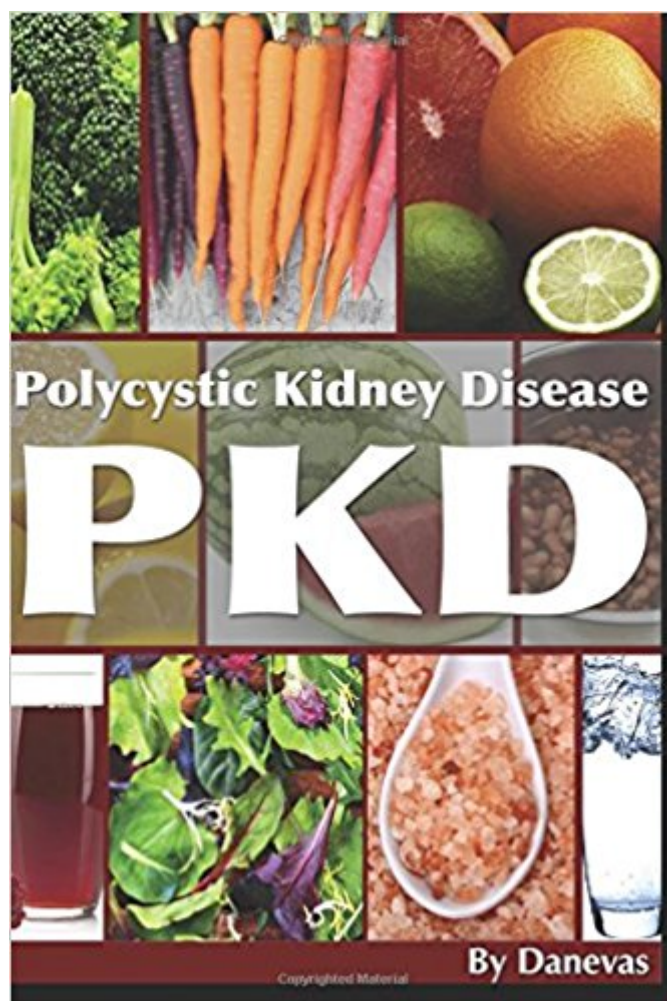


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# PKD Diet The Kidney: A Guide To Polycystic Kidney Health Through Diet (Polycystic Organ Disease Diet)



## Synopsis

Polycystic Kidney Disease Alkaline Diet book to diminish symptoms and promote PKD kidney health. It is written for individuals who have inherited Autosomal Dominant Polycystic Kidney Disease. It is difficult to know which items are to be avoided and which are to be enjoyed. This book puts it all in one place for you. The 4th edition contains many more new additional listed items to be avoided as well as those found to be safe for PKD kidney health. Some trying this diet, have happily found themselves included among the lucky 40% who never need dialysis or transplant. Written with the view from years of living with PKD polycystic kidney disease.

## Book Information

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Great book - very helpful and useful - and a great price<sup>1</sup>

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